



Virtual Congress 2022

EVENT PROGRAMME

Monday 17th January 2022

Mind Matters Initiative

7:00pm - 8:00pm GMT

Understanding the mind body link and how we can learn from it

Claire Gillvray

Approximately a third of vets have experienced depression at some point in their careers. In this webinar, we are going to look at the most up to date research on how we can support our mental health. We will explore the evidence for using exercise, diet, mindfulness, breathwork, talking therapies and even antidepressants. It's definitely not all in your mind and most of the recent research is focused more on lifestyle changes than on medications and talking therapies.

8:00pm - 9:00pm GMT

Living with the climate crisis: what do we need to know about eco anxiety, nature, wellbeing and resilience?

Catriona Mellor

This talk will cover some of the difficult thoughts and feelings associated with living at a time of climate and nature crisis, in a non-pathologizing way, as well as what we can do for ourselves and each other to feel more resilient and optimistic. We will discuss various areas of support available. We will cover recent research in two fields that are rapidly growing: what young people are thinking and feeling about the climate crisis (Eco anxiety, climate grief, eco distress etc. - which is relevant to many of us whatever age we are) as well as Nature Connectedness. The latter refers to the human relationship with the natural environment that goes beyond simply spending time in, or passing through, green and blue spaces. It refers to an interaction with the natural world that offers people meaning, emotional support and enhances a sense of compassion, including for the natural world itself. We will consider how these issues are interrelated and what implications this has on an individual, community and larger scale: we will explore how collective actions of Nature's care (nature-friendly gardening, tree planting, greening school playgrounds, regenerating blue and green spaces in urban and rural settings etc.) would offer individual and collective benefits to health, mental health and wellbeing (including on eco-anxiety) as well as reducing the impacts of the climate crisis.

Tuesday 18th January 2022

Royal Canin Symposium

7:00pm - 8:00pm GMT

Royal Canin Conversation Series: Cognitive dysfunction in the ageing pet - differences and similarities between cats and dogs

Florence Vessieres and Nathalie Dowgray

This Q&A session will highlight the main differences and similarities between cats and dogs suffering from cognitive dysfunction. Prevalence, diagnosis, management and prevention will be discussed, with a focus on their application in the clinical setting.



8:00pm - 9:00pm GMT

ROYAL CANIN® Vet Services: Renal Detect - Early Detection of Cats at Risk of CKD

Marie Anne Hours

This session will look at how we can detect, in just one visit, cats at risk of developing chronic kidney disease using artificial intelligence.



Wednesday 19th January 2022

Sustainability Summit

2:00pm - 2:40pm GMT

Sustainability in Practice - using the Greener Veterinary Practice Checklist and making your pledge!

Justine Shotton and Becky Sedman

This session will give ideas to vets in practice as to how to become more sustainable in practical and straightforward ways, using the template and examples in the Greener Veterinary Practice Checklist (<https://vetsustain.org/resources/vet-practice-checklist>).

2:40pm - 3:20pm GMT

Upskilling your practice

April Sotomayor

April from Investors in the Environment will present how using core environmental management principles will help your practice reduce its environmental impact and enjoy a range of benefits to the business too. She will show several veterinary case studies to inspire your busy practice to take its own steps to improve.

3:30pm - 4:00pm GMT

IVC Evidensia Positive Pawprint Strategy

Sarah Heath and Alastair Cliff

We will discuss the key elements of IVC Evidensia's Positive Pawprint strategy, covering the three pillars of People, Planet and Pets, and outlining IVC Evidensia's commitments and initiatives in each of these areas.

4:00pm - 5:00pm GMT

RCVS and Vet Futures Sustainability Webinar

Zoe Halfacree, Ellie West and Susan Paterson

- Mitigating the environmental impact of surgery in veterinary practice
- Techniques to reduce the environmental impact of veterinary anaesthesia
- RCVS sustainability project overview

**Don't forget to join us for our
Green Awards from 7:00pm!**

Thursday 20th January 2022

Nationwide Laboratories Symposium

7:00pm - 8:00pm GMT

Hypercalcaemia in dogs & cats

Stacey A Newton

Hypercalcaemia is a common finding in both dogs and cats. In the dog common presentation is PUPD and hypercalcaemia is a differential that must be excluded when PUPD is the presenting clinical sign. In the cat, clinical signs are often vague with anorexia as the most common clinical sign. The webinar will focus on pathogenesis and discuss parathyroid dependent as well as parathyroid independent hypercalcaemia. The difference between total calcium and ionised calcium will be discussed and its use in diagnosis along with the parathyroid hormone as well as the use of parathyroid related hormone, vitamin D and calcitriol. Sample management and submission will also be covered. Treatment will be mentioned at the end but will not be extensively discussed.



8:00pm - 9:00pm GMT

Basic Cytology

Trevor Whitbread

This is aimed at veterinary surgeons and vet nurses who have started or wish to start preparing and interpreting their cytology in-house. It will not be fully comprehensive but will cover the most common situations encountered in practice where cytology may be useful for diagnosis. The aim is to enable you to interpret about 70% of cytology that you will see in practice.



Friday 21st January 2022

WikiVet Student Evening

2:40pm - 3:20pm GMT

101 Ways to Use Your Vet Degree!

Sarah Armstrong, Pippa Coupe, Fernando Bulnes, Paul Horwood

A panel discussion with a range of veterinary professionals in diverse roles, providing graduates with a more in-depth understanding of potential career opportunities.

Saturday 22nd January 2022

Imaging

10:00am - 12:00pm GMT

Interactive case studies in diagnostic imaging - Part 1 and Part 2

Mike Herrtage

These two sessions will introduce a range of clinical cases with their imaging findings. The cases will be chosen to fulfil the learning objectives, which are principally to get the most out of your imaging modalities and to recognise the advantages and limitations of these techniques and when advanced imaging is required to make a diagnosis.

On-demand content

**Released at 10:00am on Saturday 22nd January.
Available to watch until Sunday 23rd January 2022.**

A clinical perspective of foot and mouth disease

Neil Sargison

A clinical perspective of foot and mouth disease. The aim of this talk is to share my interest in FMD control as a component of animal health management in endemically infected regions; as well as the critical message of early detection in the UK.

Feline Lower Respiratory Tract Disease - a practical look at the causes and diagnosis, including the increasingly prevalent infectious causes

Danielle Gunn-Moore

This webinar will cover the many causes of lower respiratory tract disease in cats. Included in the discussion will be consideration of the common and less common causes, from asthma to potassium bromide administration. We will highlight many infectious causes that are now being recognised with increasing frequency, e.g. *Mycoplasma* species, *Bordetella bronchiseptica*, lungworm, mycobacterial infections, *Toxoplasmosis* and cowpox virus, to name but a few.

We will review the importance of the physical examination, and discuss in detail the many different diagnostic options available when investigating these cases. We will also include tips on investigation without using expensive equipment.

Feline Lower Respiratory Tract disease - practical case based treatment options

Danielle Gunn-Moore

This webinar will be a very case orientated and practical approach to the treatment or management of cats with lower respiratory tract disease.

We will discuss the practical management of many different conditions, including asthma and chronic bronchopulmonary disease, with the how and why of using inhaled medications. The treatment of a number of primary and secondary infectious causes of lower respiratory tract disease in cats will also be discussed, including *Mycoplasma* species, Mycobacterial infections, Cowpox virus, *Toxoplasmosis*, *Aelurostrongylus abstrusus*, and *Eucolus aerophilous* (aka *Capillaria aerophila*), among others.

Practical approach to neonatal lamb health

Kate Hovers

This webinar will discuss getting nutrition, hygiene and colostrum management right. Kate will also talk about the appropriate use of antibiotics and engaging with farmers and the approach to the investigation of neonatal ill health.

A recent survey showed over 50% of lambs were given antibiotics at birth as part of management and disease control. Many farmers have relied on antibiotic use to prevent disease and losses, and have thought it was the right thing to do.

We need to encourage a move away from this approach and the webinar will outline a practical approach to neonatal lamb health including Getting nutrition, hygiene and colostrum management right.

Reducing feed wastage – keeping your clients in business

John Carr and Mark Howells

With the current feed prices, the cost of production on farms is rising and many farmers may be forced out of business. As feed is 65-70% of costs and many farms 'waste' 10% of the feed, anything the vet can do to reduce feed wastage will significantly impact the farm's sustainability. The presentation would be useful for all population animal veterinarians.

Antimicrobial resistance on farms; What do we know so far?

Andrea Turner

A summary of why antimicrobial resistance on farms is of interest and what threat this poses to people as well as an overview of the evidence of risk factors for antimicrobial resistance presence and development on farms.

A Practical guide to equine abdominal ultrasonography

Zoe Gratwick

This webinar covers how to obtain useful ultrasonographic images of the equine abdomen. It also covers the normal ultrasonographic appearance of the abdomen and looks at both common and less common abnormalities.

The paradoxical sleep effect

Mike Scanlan

This webinar is aimed at helping people working in the veterinarian profession to understand more about sleep, to worry less about sleep and to feel less tired and bothered about the effect that sleep problems have on their lives. By the end of the course, most people will be experiencing improved functioning and will be more relaxed and content. The course is based on Acceptance and Commitment Therapy principles. ACT has a very good evidence base for helping people with sleep pre-occupation disorders and insomnia.

Developing emotional intelligence in puppies

Sarah Heath

Successfully rearing puppies is a complex process and while there is a lot of veterinary advice available for puppy caregivers in relation to promoting the physical health of their new family member, there is often less information available about their emotional health. This presentation will explore the importance of emotional and cognitive health in canine patients and explain the role of the veterinary practice in safeguarding these at the same time as ensuring good physical health.

Cryptorchid surgery – which approach to take?

Carolyn E. Arnold

This lecture focuses on the two most common approaches for cryptorchidectomy, the standing laparoscopic approach and the recumbent inguinal approach. The surgical technique will be discussed, along with considerations such as testicular size and location, presence of adhesions due to previous surgical attempts, instrumentation, patient behaviour, etc.

